



## Sherbrooke Archers

Title:	Policy and Procedures Manual		
Subject:	General Information Booklet		
Author:	Committee of Management		
Date:	18-Mar-14	Replaces:	11-Mar-14
Number:	1201	Pages:	4

### *Welcome*

Sherbrooke Archers is located at the Yarra Ranges Archery Park and is one of the 24 venues in Victoria where you can do Target Archery and one of the 4 venues where you can do Field Archery. It also has the distinction of being the most family orientated club in Victoria.

### *The Come'n'Try Area*

The first and still the best of its kind in Victoria.

A safe and fun way for anyone to experience their first taste of archery.

All targets are large sized to promote a feeling of confidence and are set on the ground to enable a high level of safety and to enable children to extract their arrows from the target easily.

### *Interested?*

You can make a booking for a come'n'try session on our website.



### *The Target Range*



Sherbrooke Archers has by far the best presented and weather protected archery range in Victoria.

A fixed shooting line with portable, high performance foam target butts gives you the flexibility to shoot whenever you like in complete safety.

The foam targets are the latest development in providing a target that is easy to use and maintain yet will stop the fastest of arrows without damaging them.

### *The Field Course*

Designed to be the most challenging course in Victoria, every target has its little nuances to make sure you concentrate to maximise your score.

An abundance of flowering trees and plants provides lots of shade for those warmer days and lots of protection from the wind on those cooler days.

The course itself has 24 targets that are all plastic filled and the course is laid out in such a way to provide maximum enjoyment and safety.



### **Target Archery**

Target faces have 5 coloured concentric circles with each one having an inner and outer scoring zone. A shot in the innermost circle scores the highest value (10 points), whilst a shot in the outermost circle scores the lowest value (1 point). Target divisions include the compound bow and the recurve bow.



The maximum distance shot for the men's open division is 90 metres and for the women's open division is 70 metres. For youth under the age of 13 the maximum distance is 40 metres. There is also the Challenge Competitions where the maximum distance can be only 30 metres.

The compound bow is very popular. On average they are faster, more accurate and easier to shoot than a recurve bow. Competition has reached new heights with this equipment.

### **Matchplay**

This is what you see at the Olympics, the World Cup and the World Championships. Shot only at 70 metres for recurves, and 50 metres for compounds, it is difficult, competitive and yet extremely enjoyable. Sherbrooke Archers has hosted the internationally attended Australian Open event.

### **Indoor Archery**

Indoor archery is conducted in the same style as outdoor archery just at closer distances (standard distance is 18 metres) with a smaller target face (standard face size is 40cm).

If you wish to try indoor archery then we recommend Arrow Rest Archery in Bayswater.

### **Field Archery**

Field archery is a great way to enjoy the Australian bush. Archers traverse a natural bush course whilst taking into account the variations of the terrain when shooting.

The equipment used is generally the same as target archery.

The International round of FITA field consists of 24 targets shot mostly at marked distances. Three arrows are shot at each target for a total of 72 arrows. The challenge is to take in variances in terrain and natural obstacles.

Distances range from a minimum 5 metres to a maximum of 60 metres dependant on competitor's age and bow type.



### **Clout Archery**

Clout Archery is a carryover from the medieval days when archers had to shoot over castle walls sometimes using flaming arrows.

Today we shoot at a triangle sitting just above the ground (called the Clout). Youth start at 100 metres whereas adult men shooting a compound bow can be as far away as 180 metres.

Clout may be shot with sights or without sights.

Clout caters for all age groups and bow types.

### ***The Compound Bow Division***

These bows can be shot in the Freestyle division or the Barebow Division.

In your 1st year in the Freestyle division you could expect to pay \$500 to \$900. This should keep you going for many years in the social and recreational environment. The price includes the cost of sights, stabilisers and arrows.

If in the following years you may wish to get into open competition then you would trade-in your existing equipment for the top of the line bow, arrows and accessories where you could expect to pay up to \$3,000.

In the Barebow Compound division you would expect to pay around 30% less. This price is lower as sights and stabilisers are not allowed.



### ***The Longbow/Traditional Bow Division***

If you have that historical/medieval bone in your body then you may wish to try a longbow or a traditional bow.

Used throughout history it has changed very little over the years and is used in competitions by those that wish the ultimate challenge of shooting a bow.

Arrows may be made of wood or aluminium but must use feathers instead of the more common rubber fletches.

As you walk along the shooting line at Sherbrooke Archers you will see lots of these bows being shot.

### ***The Recurve Bow Division***

A single string bow that is used exclusively in the Olympics.

In the Freestyle Recurve configuration your 1st year cost can be \$500 to \$900. This should keep you going for many years in the social and recreational environment. The price includes the cost of sights, stabilisers and arrows.

When you decide to set your sights on open competition then you would trade-in your existing equipment for some of the high performance equipment and that can cost you up to \$3,000. The price includes the cost of sights, stabilisers and arrows required to shoot in this division.

In the Barebow Recurve configuration the cost is around 30% less as sights and stabilisers are not allowed.

Barebow Recurve is one of the biggest divisions in the hotly contested World Field Championships in which a few of our members regularly compete.



### ***Joining The Club***

If you haven't done archery before we recommend you do a couple of OzBow come'n'try sessions. These sessions are designed to teach you how to shoot a bow safely.

### ***OzBow Come'n'Try Program (the pathway to archery excellence)***

A 90 minute session to teach you how to safely shoot a bow.  
The cost for this program is \$20.



### ***Making A Booking***



Bookings are essential.

Go to our website and simply click on the button to view the available dates and make a booking.

If you have fun at these then you should try the OzBow Archery Instruction Program.

### ***OzBow Archery Instruction Program (the pathway to Olympic participation)***

The OzBow Archery Instruction Program is the second step in the Archery Australia Pathway Program.

This program provides the participants with the skills and tools to advance from a beginner to a qualified archer.



The OzBow Archery Instruction Program is held over a 3 week period with a 90 minute duration for each session. The cost for this program is \$75. The program caters for people of any age, gender or ability.

The bonus 4th week includes a shoot on our fabulous field course, a BBQ and the opportunity to shoot with the club members in our monthly Presidents Shield competition.

### ***Making a Booking***



Bookings are essential.

Go to our website and simply click on the button to view the available dates and make a booking.

If you have enjoyed these experiences then we would love to see you as a member.



To join our club simply go to our website and click on the New Members Join button.